



ALL DAY BRUNCH

GARDEN BREAKFAST (V) £14

Organic poached egg, cherry tomatoes, grilled mushrooms, asparagus, garlic sautéed spinach, avocado and toasted sourdough.

VEGAN BREAKFAST (V/VE) £13.5

Grilled courgette, asparagus, cherry tomatoes, avocado, scrambled tofu, roasted pepper hummus on toasted sourdough.

AVOCADO ON TOAST (V/VE) £9.5

Smashed avocado, with lemon, black pepper, olive oil, micro herbs, mixed sesame seeds, on toasted sourdough.

ORGANIC EGGS ON TOAST (V) £9

Scrambled/Fried/Poached eggs on sourdough.

PANCAKES £13.9

Fluffy pancakes served with maple syrup, fresh strawberries, blueberries and fruit compote.

BISCOFF PANCAKES £14.9

Fluffy pancakes served with Biscoff spread, fresh bananas, strawberries, and a drizzle of maple syrup, topped with a sprinkle of Biscoff crumble, and cream.

GARDEN SALAD (V/GF) £14

Two poached eggs paired with a refreshing mixed salad, quinoa, cherry tomatoes, olives, avocado, topped with olive oil and pomegranates.

HOMEMADE QUICHE £9

Feta & Tomato (V)
Mushroom & Truffle (V)
Butternut Squash (V)
Salmon Quiche

QUICHE & 1 SIDE SALAD £12

(Pick 1 salad from the selection below)

SALAD BOWLS

Kale & Sweet Potato (VE, contains nuts)
Potato Caesar (V)
Quinoa (VE) **Choice of 2 £9.5**
Beetroot & Feta (V) **Choice of 4 £15**

SOUP OF THE DAY (VE) £9

Served with sourdough. Ask staff for today's options.

DISH OF THE DAY (VE) £12

Please ask our staff for today's special.

**PLEASE ORDER AT
THE TILL WITH YOUR
TABLE NUMBER**

M E N U

LIGHT BITES

HUMMUS (V/ VE) £7.95

Homemade hummus made with chickpeas, tahini, lemon juice, garlic and olive oil. Served with toasted sourdough.

SAKSUKA (V/VE) £7.95

Roasted aubergine, mixed peppers, garlic, onion, and chickpeas cooked in a rich tomato sauce. Served chilled with toasted sourdough.

FILO PASTRY (V) £7.95

Light and crispy filo pastry rolls, filled with feta and parsley. Served with hummus.

FALAFEL (V/VE) £7.95

A flavourful blend of chickpeas, broad beans, mixed peppers, sesame, onion, garlic and coriander, fried and served with hummus.

HALLOUMI FRIES (V/GF) £8.95

Crispy halloumi cheese, with sweet chilli sauce, refreshing mint yoghurt, and pomegranates.

SWEET POTATO FRIES (V/GF) £7.95

Sweet potato fries served with mint yoghurt.

ROASTED POTATOES (V/VE/GF) £4.95

Roasted potatoes, seasoned with rosemary, oregano and garlic, lightly coated with olive oil.

Add cheese £1.5

SANDWICHES

MOZZARELLA £11

Sourdough bread, filled with mozzarella, avocado, tomato, lettuce and pesto sauce.

HALLOUMI £12

Sourdough bread, filled with grilled halloumi, hummus, tomato, red onion, lettuce, and chilli jam

SALMON £13

Sourdough bread, filled with two organic fried eggs, smoked salmon, lettuce and cream cheese.

EXTRAS

Smoked Salmon **£4**
Grilled Halloumi **£3.9**
Grilled mushrooms / courgette **£2.9**
Sourdough slice **£1.5**
Organic poached egg **£2.1**
Cherry tomatoes **£2.9**
Avocado / Asparagus **£2.7**
Feta cheese **£2.5**
Scrambled Tofu **£2.7**

**V – VEGETARIAN, VE – VEGAN.
PLEASE INFORM US OF ANY FOOD ALLERGIES
WHEN ORDERING.**

M E N U

HOT DRINKS

ESPRESSO	£2.9
MACCHIATO / CORTADO	£3.1
AMERICANO / LONG BLACK	£3.2
LATTE / CAPPUCINO	£3.3
FLAT WHITE	£3.4
HOT CHOCOLATE	£3.4
MOCHA	£3.6
RUBY HOT CHOCOLATE	£3.8
CHAI LATTE	£3.8
DIRTY CHAI	£4.1
TEA CUP	£3
TEA POT FOR 1 / 2	£4.2 / 5.5
EXTRAS	
Extra shot of coffee / Decaf / Ice / Alternative Milk / Syrup	£0.5

SOFT DRINKS

STILL WATER (330ML / 750ML)	£1.9 / 3.9
SPARKLING WATER (330ML / 750ML)	£1.9 / 3.9
COCA COLA / DIET COLA / FANTA	£2.5
ORGANIC LEMONADE	£3.5
ORGANIC ICED TEA	£3.5
KOMBUCHA	£4.9

Please see the selection in the fridge.

FRESHLY SQUEEZED ORANGE JUICE	£4.9
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SMOOTHIES

GREEN BOOST Avocado, spinach, pineapple, banana, coconut water	
VERY BERRY Mixed berries, mint, banana, coconut water	
COFFEE Espresso, milk, banana, peanut butter, dates	

BEERS & CIDERS

BUDVAR CZECH LAGER	500ml	£5.5
LONG MAN AMERICAN GOLDEN ALE	500ml	£5.5
ASPALL CIDER	500ml	£5.5
CORNISH ORCHARDS CIDER	500ml	£5.5

Please see the selection in the fridge for other options.



Don't miss out on our seasonal drinks! Find them on the Specials board by the till.

SPECIALTY DRINKS

LONDON FOG (VANILLA / LAVENDER)	£4.6
A soothing blend of Earl Grey tea, steamed milk, and your choice of vanilla or lavender.	
ROSE LATTE	£4.6
Delicate and floral, infused with rose. Add a shot of espresso for an extra kick.	
LAVENDER LATTE	£4.6
Soft and aromatic, with calming lavender notes. Naturally caffeine free but espresso can be added upon request.	
TURMERIC LATTE	£4.8
Warm and spiced, with the golden glow of turmeric, naturally caffeine-free.	
GREEN MATCHA LATTE	£4.6
Made with ceremonial-grade matcha for a vibrant, earthy and smooth taste.	

MATCHA SPECIALS

VANILLA MATCHA	HOT / ICED
ROSE MATCHA	Alternative milks are included in the price for all the specialty drinks.
LAVENDER MATCHA	

WINES

RED WINES	175ml / Bottle
TEMPRANILLO ORGANIC UNION	£6/22
Spain – fruits of the forest	
MALBEC LOS HAROLDOS CHACABUCO	£7.5/26
Argentina – oak, spice and red berries	
WHITE WINES	
SEA CHANGE PINOT GRIGIO	£7/24
Italy – peach, kiwi	
SAUVIGNON BLANC AKARANA	£8/28
New Zealand – tropical fruits	
ROSE WINE	
SEA CHANGE PINOT GRIGIO	£7/24
Italy – peach, citrus	
125ml of any of the wines can be served upon request.	

COCKTAILS

MIMOSA	£9
ESPRESSO MARTINI	£11
BLOODY MARY	£11
LAVENDER GIN FIZZ	£11

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MADE WITH PASSION - SERVED WITH LOVE